

**-OPTIONS Family & Behavior Services  
151 W. Burnsville Parkway Suite 100  
Burnsville, MN. 55337  
Phone: 952-564-3000 Fax: 651-925-0256**

**REFERRAL  
Adult Rehabilitative Mental Health Services (ARMHS)**

Referral Source:

Name: \_\_\_\_\_ Date Submitted: \_\_\_\_\_

Agency: \_\_\_\_\_

Phone: \_\_\_\_\_

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Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ SSN: \_\_\_\_\_

Insurance: \_\_\_\_\_

Phone: \_\_\_\_\_ Policy Number: \_\_\_\_\_

PMI: \_\_\_\_\_

Mental Health Diagnosis:

\_\_\_\_\_  
\_\_\_\_\_

Potential Goal Areas:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other Client Information:

Is client their own guardian? \_\_\_ Yes \_\_\_ No

If no, who is the client's guardian? \_\_\_\_\_

Does the client know you are making the referral? \_\_\_\_\_

Is a Diagnostic Assessment available? \_\_\_ Yes \_\_\_ No Copy Requested: \_\_\_ Yes \_\_\_ No

Does the client live on their own or in a group home/ assisted Living?

Do they have a spend down? \_\_\_ Yes \_\_\_ No Who is it to? \_\_\_\_\_

What is the spend down amount? \_\_\_\_\_

Miscellaneous information:

\_\_\_\_\_  
\_\_\_\_\_

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# OPTIONS Family & Behavior Services

(A Division of Community Drug & Alcohol Services, Inc.)

[www.optionsfamily.com](http://www.optionsfamily.com)

2675 Long Lake Rd; Suite 125  
Roseville, MN 55113  
Phone: 651-209-6632  
Fax: 651-209-8872

151 West Burnsville Pkwy; Suite 100  
Burnsville, MN 55337  
Phone: 952-564-3000  
Fax: 651-925-0256

## Release of Information

Client name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I authorize OPTIONS Family & Behavior Services and Community Drug & Alcohol Services to:

- \_\_\_\_\_  Receive information from:
- \_\_\_\_\_  Release information to:
- \_\_\_\_\_  Release and receive information to/from: Name/Credentials: \_\_\_\_\_

Agency: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Cell \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Fax: \_\_\_\_\_

Work \_\_\_\_\_

Check and **initial** all types of information that may be released and/or obtained to/from above party:

- |   |   |
|---|---|
| _____ <input type="checkbox"/> Treatment/Discharge Summary                  | _____ <input type="checkbox"/> Social History         |
| _____ <input type="checkbox"/> Chemical Dependency/Mental Health Assessment | _____ <input type="checkbox"/> Family History         |
| _____ <input type="checkbox"/> Progress Reports and Continuing Care         | _____ <input type="checkbox"/> Legal History          |
| _____ <input type="checkbox"/> Psychological Testing/Evaluation             | _____ <input type="checkbox"/> Medical history        |
| _____ <input type="checkbox"/> Psychiatric Consultation                     | _____ <input type="checkbox"/> Laboratory Reports     |
| _____ <input type="checkbox"/> Verbal (In-person or phone conversation)     | _____ <input type="checkbox"/> Physical Examination & |
| Doctor notes  |   |
| _____ <input type="checkbox"/> School Reports/Records                       | _____ <input type="checkbox"/> Other:                 |

This release is limited as follows: \_\_\_\_\_

This information is to be disclosed for the following purpose:

**Treatment Planning, Coordination of Services, and Continuity of Care**

- My health information is protected by federal regulations (Alcohol and Drug Abuse Patient Records, 42 CFR Part 2; and/or HIPAA, 45 CFR) and state privacy laws, and disclosure is allowed only with my authorization except in limited circumstances described in OPTIONS Family & Behavior Services Privacy Notice. I understand that I have a right to inspect and receive a copy of my treatment records that may be disclosed to others, as provided under applicable state of federal laws.
- I can revoke this authorization at any time except to the extent that action has been taken in reliance on it. OPTIONS Privacy Notice outlines the procedure for revocation. This authorization will expire in one year from the date I sign it unless I request an earlier expiration in writing.
- For disclosures other than for treatment, payment and health care operations purposes, treatment may not be conditioned on my agreement to sign an authorization (unless I am receiving care solely to create protected health information for disclosure to a third party [42 CFR § 164.508(b)(4)(iii)]).
- Communications resulting from this authorization will reveal that I received services at OPTIONS Family & Behavior Services.
- Federal confidentiality regulations (42 CFR Part 2) prohibit re-disclosure of information from alcohol and drug abuse patient records. However, HIPAA requires OPTIONS to notify me of the potential that information disclosed pursuant to this authorization might be re-disclosed by the recipient and is no longer protected by the HIPAA rules.

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Signature of Client  
applicable)

\_\_\_\_\_  
Signature of Parent/Guardian (if

\_\_\_\_\_  
Signature of Staff

\_\_\_\_\_  
Signature of Parent/Guardian (if applicable)