

## Burnsville Options Day Treatment Schedule

Tuesday, September 5, 2017 through Thursday, June 7, 2018

### School (ISD-917) and Treatment Schedule

Green and Yellow	
8:00-8:30	Check in
8:30-9:25	Psychotherapy
9:25-9:30	Break
9:30-10:25	CBT/DBT
10:25-10:35	Break
10:35-11:30	Recovery Skills
11:30-11:35	Break
11:35-12:25	CD/MHT
12:25-12:45	Lunch
12:45-2:10	School
2:10-2:20	Break
2:20-3:30	School
3:30-3:40	Dismissal

Orange and Purple	
8:00-8:30	Check in
8:30-9:50	School
9:50-10:00	Break
10:00-11:15	School
11:15-11:35	Lunch
11:35-12:25	CD/MHT
12:25-12:30	Break
12:30-1:25	Psychotherapy
1:25-1:30	Break
1:30-2:25	CBT/DBT
2:25-2:35	Break
2:35-3:30	Recovery Skills
3:30-3:40	Dismissal

### Treatment Only Schedule Dates

(10/18/17, 11/3/17, 11/22/17; **Winter Break:** (12/22/17, 12/27/17, 12/28/17, 12/29/17), 1/22/18,  
**Spring Break:** (3/26/18-3/30/18) 4/13/18

All Pods	
8:00-8:30	Check-in
8:30-9:25	Psychotherapy
9:25-9:35	Break (10 min)
9:35-10:30	CBT/DBT
10:30-10:35	Break (5 min)
10:35-11:25	Recovery Skills
11:25-11:40	Break (15 min)
11:40-12:30	CD/MHT
12:30-12:40	Dismissal

**Closed Dates:** 9/1/17, 9/4/17, 10/19/17, 10/20/17, 11/23/17, 11/24/17, 12/25/17, 12/26/17, 1/1/18,  
1/15/18, 2/19/18, 5/28/18, 6/8/18 (Underlined Dates are Staff In-Service Days)