

Burnsville Options Day Treatment Schedule

Tuesday, September 4, 2018 through Thursday, June 6, 2019

School (ISD-917) and Treatment Schedule

Purple, Turquoise & Orange	
8:00-8:30	Check in
8:30-9:50	School
9:50-10:00	Break
10:00-11:15	School
11:15-11:35	Lunch
11:35-12:25	CD/MHT
12:25-12:30	Break
12:30-1:25	Psychotherapy
1:25-1:30	Break
1:30-2:25	CBT
2:25-2:35	Break
2:35-3:30	Recovery Skills
3:30-3:40	Dismissal
Green & Yellow	
8:00-8:30	Check in
8:30-9:25	Psychotherapy
9:25-9:30	Break
9:30-10:25	CBT
10:25-10:35	Break
10:35-11:30	Recovery Skills
11:30-11:35	Break
11:35-12:25	CD/MHT
12:25-12:45	Lunch
12:45-2:10	School
2:10-2:20	Break

2:20-3:30	School
3:30-3:40	Dismissal

Treatment Only Schedule Dates

10/17/18, 10/18/18, 10/19/18, 11/2/18, 11/21/18, 1/18/19,

Winter Break: (12/26/18, 12/27/18, 12/28/18, 12/31/18), **Spring Break:** (3/25/19-3/29/19),

4/12/19, 4/19/19

All Pods	
8:00-8:30	Check-in
8:30-9:25	Psychotherapy
9:25-9:30	Break (5 min)
9:30-10:25	CBT
10:25-10:35	Break (10 min)
10:35-11:25	Recovery Skills
11:25-11:40	Break (15 min)
11:40-12:30	CD/MHT
12:30-12:40	Dismissal

Closed Dates: 9/3/18, 11/22/18, 11/23/18, 12/24/18, 12/25/18, 1/1/19, 1/21/19, 2/18/19, 5/27/19, 6/7/19 (**Underlined Dates are Staff In-Service Days**)