

# Burnsville Options Day Treatment Schedule

Tuesday, September 7, 2021 through Thursday, June 9, 2022

## School (ISD-917) and Treatment Schedule

Purple and Turquoise	
8:00-8:30	Check in
8:30-9:25	Psychotherapy
9:25-9:30	Break
9:30-10:25	CBT
10:25-10:35	Break
10:35-11:30	Recovery Skills
11:30-11:35	Break/Transition
11:35-12:25	CD/MHT
12:25-12:45	Lunch
12:45-2:10	School
2:10-2:20	Break
2:20-3:30	School
3:30-3:40	Dismissal

Orange and Green	
8:00-8:30	Check in
8:30-9:50	School
9:50-10:00	Break
11:00-11:15	School
11:15-11:35	Lunch
11:35-12:25	CD/MHT
12:25-12:30	Break/Transition
12:30-1:25	Psychotherapy
1:25-1:30	Break
1:30-2:25	CBT
2:25-2:35	Break
2:35-3:30	Recovery Skills
3:30-3:40	Dismissal

### Treatment Only Schedule Dates

10/21/2021, 10/22/2021, 11/5/2021, 11/24/2021, 12/27/2021, 12/28/2021, 12/29/2021, 12/30/2021,  
1/21/2022, 3/28/2022, 3/29/2022, 3/30/2022, 3/31/2022, 4/1/2022, 4/15/2021

**Winter Break:** 12/23/2021 – 12/31/2021

**Spring Break:** 3/28/2022 – 4/1/2022

### Treatment Only Schedule

Purple and Turquoise	
8:00-8:30	Check-in
8:30-9:25	Psychotherapy
9:25-9:30	Break (5 min)
9:30-10:25	CBT
10:25-10:30	Break (5 min)
10:30-11:20	Recovery Skills
11:20-11:35	Break (15 min)
11:35-12:30	CD/MHT
12:30-12:40	Dismissal

Orange and Green	
8:00-8:30	Check-in
8:30-9:25	Psychotherapy
9:25-9:30	Break (5 min)
9:30-10:25	CBT
10:25-10:40	Break (15 min)
10:40-11:30	Recovery Skills
11:30-11:35	Break (5 min)
11:35-12:30	CD/MHT
12:30-12:40	Dismissal

**Closed Dates:** 9/6/2021, 11/25/2021, 11/26/2021, 12/23/2021, 12/24/2021, 12/31/2021, 1/17/2022, 2/21/2022,  
5/30/2022, 7/4/2022

**Summer Treatment Only Schedule Starts after 6/9/2022**